



Episode 22

Part 2

Manifesting All You Desire with Spiritual Guide Ryan Wilaby

Welcome to Part Two of Toni Talks – Humanity Matters. We're here with our guest, Ryan Wilaby, and we're talking about intention and manifesting. Listen in!

Toni: Can you talk more about emotion, like energy and motion? So when we manifest and we attach that emotion to it, what makes that so powerful?

Ryan: Absolutely. And I want to add one thing to the unity consciousness that we are all one. We are all source God that are individualized in our expression in physical form, and that we are sovereign beings. We are still sovereign within our own energy capacity, but we are still all one unity consciousness. Because what's interesting is we are moving into a new era and a new way of being, which is unity coming into the understanding and the awareness that we are all one, like not just the Beatles song, the Beatles got it. They shared that - that message was coming in years earlier in the sixties to prepare us for what we're moving through now. So much music we'll be able to see that message in. But the thing that's important, because people can get lost and people want their individuality, they want to have their expression and that doesn't go away with the knowledge of knowing that you are unity consciousness, that we are all one. You still get to be able to come in as a sovereign being with your own belief systems, your own expression, your own path. And in that, you are going to be honored to have that without judgment because of unity consciousness. I just think that's just so powerful.

So thank you so much for sharing that. It's beautiful, and thank you for what you do and what you are doing to allow the community and for us to be able to come together in unity, but have our individual self-expression for that at the same time. It's just really beautiful. Emotions and how that ties into manifestation, and or frequency. So we are energy light beings at our purest essence, that of what creates us as a unity. Right? We are also emotional beings as we are a fractal light of God that agreed to concentrate our awareness in our energy to come in physical form and to move through this physical reality. The

agreement that we made was to forget that we are God source and the creator within the creation we've created. And in the forgetting of that, that we would also be emotional beings, meaning while we are here in this very low density frequency, everything moves slower, which gives the ability for more sense of emotions and feelings to occur.

When that's happening -and the reason for that, is number one, we are here to learn empathy and compassion for our brothers and sisters, and to serve us in all dimensions. It is also what anchors in the quantum field to move and start to create the physical reality and experiences around us, based upon the frequency and the consciousness we're at, and then the feeling and the emotion that comes with that. The feeling and the emotion is like a magnifier or an anchor into the physical form. That really is the signal. So you have a frequency that goes out and then the emotion and the frequency - this is better, it's coming into me - the emotion and the, the emotion that comes into that, the universe doesn't know what is physically real and happening and what isn't. The universe doesn't know that your imagination is just the imagination and the physical form hasn't happened yet. Okay? And when you combine feelings and emotions with your vision of that, of what you want to create, you're holding that vision. Now you're feeling it as if it's already happened. The emotion of joy, the excitement of driving the car and feeling the steering wheel, turning on the radio, the sensory that you receive, and the excitement of being in that car – it's always the car we use in manifestations, right?

Toni: Yeah. Most men I know. They'll be like, do you know so and so? No, and then they'll say what kind of car did they drive?! How they ID each other. True story. Sorry.

Ryan: But as we're imagining, right? The emotion and the feeling that comes with it, the universe thinks that it's already happening. Okay? So it works over time to create the physical, bring all the elements and the atoms and the everything to come in, to create form of the physical form, to meet the experience that you've had within your imagination, because it is the frequency and the feeling and the emotion that creates it as if it's already happened.

Toni: Yeah, it does. It does. It reminds me of a conversation we had about - and the end of this goes back to quantum physics, which is all of these realities already exist. So can you share your wisdom around the frames that we can pull toward us? I just love that story. Please.

Ryan: Ooh, it's big concept, right? It will expand your mind because it will expand your reality. This is working and the understanding of different dimensions. So we're working, we are in the third dimension traveling, using the fourth dimension as a bridge into the fifth dimension and above. We're talking about time. And the reason why we're talking about time is because time is an illusion of how we understand how it works in the third dimension that we are all in and operating in, as we're having this conversation where people will find us, we'll be in the third, fourth and fifth dimension. But time in the third dimension is linear. It's moving from point A to point B. It takes time to move that. If we understand what time is in the fifth dimension or higher, it's actually a tool to be able to move and to travel, to move to different timelines. In any given moment that you have a choice, there is splintering off of different timelines of different realities that you can move through. And every single time

you make a choice, you're taking your energy body that you have focused into this physical form to focus on to one particular timeline, but other timelines are occurring simultaneously at the same time. You're not bringing your awareness of your focus there because you've made the choice to move in one particular timeline.

There's that. Knowing that, we can understand that anything and everything that we could ever imagine is already there. It's done. Nothing is happening linear. Everything that is happening is happening all right now in one moment, all at the same time, all that expression that allows the expression of all reality possibilities to occur. That is why God chose to separate from himself to be able to experience all that what he already knows, which is all the different timelines. That being said, when you're manifesting, what you're doing is you're not manifesting and then working to bring this into your experience, what you are visioning, what you're manifesting, that of what you desire is already out there and created. You are just stepping into a timeline and a frequency and emotional match with that timeline that is going to draw these individual frames of experience to you to create the expression in the physical form. Does that make sense?

Toni: Yeah!

Ryan: I'm going to read this to you because this was channeled and I shared this with you, and this condenses it a lot better than I did because it sits right here on my desk as well.

You're just being the frame of your chosen timeline that comes towards you. It all comes to you, stream of consciousness coming to you, coming towards you.

So essentially what that means is you can just be and allow, you don't have to work in your manifestation. Anything that you desire is a point and time, it's a frame in the expression of life that's coming towards you. And if you desire it, it is already there. You just have to match its frequency and you allow it to move towards you for the expression and the experience to happen.

Toni: Yeah. What I love about that is it doesn't have to be hard, right? We think, oh, we want to go after this, we want to do this, we want to accomplish this. These are our desires and we've to work at it. It's got to be hard, but that's a belief system, isn't it?

Ryan: It is. Absolutely right. And we'll be remiss if we didn't really talk about the four, five steps. Know what you desire, this is the very first thing. What is it that you desire? What do you want to create? You are a creator through that of what you desire. So we used to create and know what our desires are from that of what I do not want. That's a very third dimensional way of creating and manifesting rather than creating an experience that I don't want to have and then want to move away from that to move into what I want.

Why don't you just go inward and do some soul searching and find out exactly how you want to live? And how you want to be? And start creating in your imagination and moving from that rather than trying to get away from something to get to somewhere. Really, this is moving into what is your divine life plan. What are your soul agreements? What are your soul contracts? What is divinely meant for you to experience? Go there, so you don't have to go through the back and forth of, I don't want that, now I want this, and I'll move there.

But knowing what your desire is, that seeing it, picturing it, visioning it, smelling it, tasting it, going through the visible, what we talked about already, and the emotion that comes with it already being in form. Your belief that it is already done and here for you is what manifested. Your belief and your knowing that you are a manifester, number one, that you are a creator, you are manifesting and creating at all times, now you're just going to bring awareness around it. And through that of what I want, if I believe that it is already done in mind, because it's already created out there, I can think it, it wants me. If I desire it, it is created. It is there and it wants me. When I believe that, and I have the emotions, now I match its frequency. It's being drawn to me.

The next step in this is to let it go.

Toni: Trust.

Ryan: As soon as you come out of that experience, your meditation or your daydreaming, whatever you want to do, and you come out of that, now you're not feeling that you have it, right? The next thing is the next day you're going to be like, oh, that was cool but I want that and I don't have it. The wanting of it is going to always push it out away from you. You will not draw it to you because you're wanting it. And so this is the trickiest part into really coming into your awareness of your thoughts again, because you just have to know. It's like when you plant a seed, when a farmer plants the seed into his soil, he doesn't go out there every day and say, where's my ear of corn, where is that? It should be here, I planted this. I want it. I want it the ear of corn! I planted the seed. Why isn't it here? No, he knows there's a gestation period. And he knows that seed is going to turn to corn. The belief system is done. He knows this so he can just let that go. Now he can go and he can plant, and now he can go do other things on the farm. He can do whatever. He can go have a lunch in the town, whatever he's going to go do, he's going to go enjoy himself. He can relax and just let that go and to germinate.

Then when it comes into form, when you are receiving the manifestation in physical form, now we have this expectation of, Aha! Life is done, grand! This is all I wanted. This is going to fix everything. As soon as I got this, that's all I was going to need. And I was going to be happy and joyful for the rest of my life. It doesn't work that way. Now, that can ruin the celebration of the manifestation. It can ruin the joy or the gratitude of it. And then through that, then we want to manifest again and we can get into this feeling of lack, of depletion. So what are you manifesting for? Are you filling the void within you with something that you want to manifest in the physical world? Because you are going to get caught into a loop of unsatisfactory of not being fulfilled, of always trying to create and pull from the outside world to fill an inner void.

And that inner void that you're trying to fill with outside material items, manifestations and creations, is the separation from source. That unity consciousness that we're talking about. So if you can step into your unity consciousness, that I am a fractal light of God, the creator within my own creation that I've created, that I am one with consciousness, that whatever I manifest is not that what is to fulfill me, but this is the playground that this is the fun-ness of creating and that I get to create it and let it go. But I am not tied to anything that I create, that it was really about just the process and the creation, because that is the evolution of

consciousness, is through the process of creation and what it means to create, to want something, then to release it and to believe, and to let it come in and then have it be, and to experience and then to let that go again so you can start the whole process again.

This is really truly understanding manifestation. Most times we just focus on the first three, right? Okay, what do you want? Focus on it. See it, smell it, taste it, have the emotion, it's there. And then that detachment, involved detachment - be involved but completely detached from the process, the way, and what manifests, what comes in. If you release, if you let that go, detach from what will materialize and the process, source God, higher spirit, it will deliver beyond your imagination. For it can know what will serve you and what will bring you to your highest good when you step and get out of the way and to allow it to really bring it in that and what will serve you for your highest good and that of the collective. And then asking if this is divinely meant for me, and if it can come in within grace and with ease, then I'm all in, bring it in. And if not, then bring in that what is of the highest good for me and that of the collective.

Florence Scovel Shinn, a beautiful author, a Christian prosperity, a mystic, and she has a couple of books out there. One is "The Writings of Florence Scovel Shinn," and another one is "The Game of Life and How to Play It" and just beautiful affirmations, beautiful truths. And if you really want to learn and explore manifesting, and having prosperity and having that be just your way of life, I strongly - she was born in the 1870's and lived to the 1940s, did workshops, traveled across the United States on prosperity and teachings and her work is just phenomenal. I think it's like a lost art, a lost book out there. And she came through in a channel to me in September, October. And she's super powerful. Reading a book is a great way to raise your level of energy and consciousness as well that we were talking about earlier.

Toni: So thanks to you, I have her book in my library, my new spiritual library that I'm developing and my little stack of 'to read next.' So that'll be coming up. And one thing that you said that I thought was so interesting is this kind of loop after setting your intentions and going through the manifestation process is really, what is in it for the greater good of all. I just think that's so beautiful, because then it can come in with ease, if it's divinely inspired. And the other point that you made about, why didn't I get this? Why isn't this happening fast enough? It's just - people are manifesting lack at that point, aren't they?

Ryan: They're pushing it out away, pushing it out.

Toni: Cause I don't have this. I don't have enough.

Ryan: You have to believe that it's already done and there. The power that you hold. We are more powerful than we could ever realize. We are a fractal light of God that is a creator within our own creation. We created this whole experience for us to be able to come in and to create within. The first law is the law of attraction. We're creators. We created this universe with this law of attraction, which means I can draw to me that of what I want and create with it. You know how powerful that is? Anything you want, you can create and experience anything. Now, why aren't we doing it is the better question. Cause you don't believe you can. Well, yeah, I can manifest McDonald's to be delivered to my door. Now that

is an amazing thing. Look how far we've come as a race, as a human race and what we manifest and the power that we do and hold. We used to be rolling around in wagons with soup carts, starving, trying to get from place to place. Food didn't magically appear in front of us. Think how we just manifest food. Now - touchy subject here. We're in America, we're prosperous. I get all of that. But again, this will come into belief systems and the conditioning of our culture, of our society, of our religion, of our parents and the collective consciousness. So we have our individual soul being that is a fractal light of God, which is so powerful. And then we have the collective consciousness, which is the average resonating consciousness of all of humanity together. The collective consciousness can create boundaries and barriers because it is a foundation of energy in which we are working from.

So people like yourself and me who, anyone who is looking to raise their level of consciousness, by one person at a time, as they raise their level of consciousness is affecting the collective grid. And that is going to also help them affect the speed of manifestation, what we're able to manifest. But we are sovereign beings in the unity consciousness and in that sovereign being, through my belief systems and what I know, if I detach from this physical world through meditation and fall into the space of the void and I manifest from there, where no longer any of the collective belief systems or any belief system that was imprinted upon my physical being on the subconscious level, and I were able to wipe that completely out and just work and manifest from the purest form of the void of quantum field, and I believe it, you can manifest anything.

This is the training, training your belief system. This is moving from the third dimension into the fifth dimension. This is the great shift. This is the heaven on earth. This is the new earth. This is the third to the fifth, is coming in and understanding you are God creator. And within that you have zero limits. It will create a whole new reality and a shift in collective consciousness. Imagine when the collective consciousness is at a high vibration and frequency of creation and manifestation and pure unconditional love. Because you cannot move into a fifth dimension unless your vibration and frequency, you cannot be in your full sovereign power as the creator, unless you are unconditional love, unless you are non-judgment. If you are in judgment, if you are not able to be in unconditional love, you are in judgment of yourself. If you can't provide self-love to yourself as God creator, then you will not be able to, you will not be at a vibration and a frequency that affords the gifts to be able to manifest at that kind of level. You will have to be in a state of being of love. You have to be the state of being of joy. You don't have to do anything, but if these are the things you want to acquire and to have an expression and an experience in your manifested form, then these are states of allowance. You allow yourself to be a state of love, unconditional love. I am love. Yes. And as we do that, that will move us into - that is the fifth dimension. It's where you step into your power. And this is the grand shift. This is what we're all moving through at this particular time. One person at a time through free will.

Toni: Yeah, I love what you say about how it just takes showing up, right? Mere and sheer presence. And I think you do such a beautiful job of explaining. Because it is such a big, it's such a big concept, but breaking it down into all the different parts and how it interrelates. I think this is something people can listen to a few times and get a little more out of it. I know that certain things that I read, I'll go back and look at it again. If some of this is really new for

some of you out there listening, listen to it, just let it resonate. Use what works for you. Listen again. It's an evolutionary process. And I know for me, I've been working for years to understand and to grow. It is definitely a growing evolutionary process. And what are, what are some of the things - how do we know that these manifestations are coming our way? You told me once about the sticks and the leaves?

Ryan: Oh, I love that.

Toni: I do. I would love to leave people with that today.

Ryan: Absolutely. And I always like to expand a little bit on what you just shared too. There is no effort and work in any of this. It is really allowance and that allowance is really self-love. And I'm not talking about your physical self. I would love you to look past your physical body. I would love for you to be able to see the light being that you are, to be able to look maybe through the third eye or into the heart center and to focus into that area and to really feel genuine love for the light being that chose to come here and manifest into your physical body, that chose the DNA to be able to manifest physical form. Think about that - your soul has manifested your physical form. That's a manifestation as well. Yeah. So it is really allowing, and how you allow is through love, because you can allow when you are in power, when you are in trust. You have everything you will ever need. And more. Right now, it is all within you. There is nothing that you need. So you have trust and you have love for that because you have it all already. You just have to allow it to move to you in the frame points of time we talked about. In the manifestation process, a lot of times what can have, and this is from Florence Scovel Shinn, when we're allowing manifestation to come in, sometimes right before it is to manifest and to come, we give up, we don't think it's coming. The gestation period is just too long. We don't have the patience, we lose our belief system, and it's because we we're probably pushing it out because we were wanting it so badly. So it's, you know, that understanding. What can happen is sometimes before the manifestation, that of which you what you want. You may, from Florence Scovel Shinn, it's like you're out on a raft at sea, right? You're on a raft out at sea kind of stranded, just bobbing around, floating out there. You're going to want to manifest some land. Yeah, that'd be great. Get me off of this raft, I'm thirsty, all of it. So you're going to, you're going to visualize the land. You're going to go through the whole process that we talked about, and as this is happening, you're floating along and before you might actually see the manifested land that you're calling in, you may first see leaves floating in the water or a stick or a twig floating by or birds that might be coming through, because birds are a sign of land. And you might look at that and - those are the signs. These are the little synchronicities that spirit wants to let you know. So be on the lookout for the little signs so that you don't get discouraged and give up. It's supporting you in your belief system.

Not only that, but sometimes you may get like a twig floating by and what you're trying to manifest - say you're manifesting the love of your life, you're calling in your twin flame, you're calling in your soulmate. Right? And what may happen is along the way, you may get some people who come in and are showing you a lot of attention and are kind of showering you with the attention that you want from the soulmate. And you're like, oh God, okay, is this it? Is this okay? And then it's like no, you're not it - like you're not showing up or there's

a trait or there's something there that isn't in the full capacity of showing you what your worth is. That you have free will that you might just go with that, because you may mistake that for your manifestation of what it is rather than really paying attention. And you may be just grabbing onto a stick thinking that it's land, where really, it was just a sign to show you're in the right vibration, you're in the right frequency, your emotions are there, you're getting the attention. Now you have to use your discernment. You have to fall into your place of worth to really call in that of what you truly desire that is the true match for you, not just to grab the next stick that comes along and to think that's it your land, it is to have discernment in that space of allowance to really, for it to come through.

Toni: That's so funny, Ryan. That is exactly what happened before I met my husband. I hung out with a stick for a few months too long.

Ryan: But you did put the stick down, so we have got to congratulate you on that.

Toni: I threw the stick across the lake is what I did - I put the stick down. So anyway, Ryan, this is wonderful. I love how you are just able to expand our awareness and our thinking. How can people find you after they listened to us here?

Ryan: Yeah, absolutely. The best way to really get in contact with me, to follow me, to see any of my content, free content, is through Facebook. It's the platform that I use. It's the easiest to be able to get some of my free workshops and things that are out there. So I am on Facebook. My regular Facebook profile is Ryan R. Wilaby. And then I have a business page as well, which is Ryan Wilaby. And you can go to both of them. I am close probably to my friend limit on Facebook, but you can friend request me, because I go through and I try to clean out and create more room for those that are coming in and really using the resources. If you're not able to get on there as a friend request, you can always just follow and you're going to get the same content. I've done some free workshops over a three-day period. I have a heart activation workshop where I guide people through meditations. You can find day one of that free workshop on my business page, Ryan Wilaby, and I pinned that to the top, and it is a super powerful three-day experience. There are three workshops over a three-day period. You can listen to them all in one day if you wanted to. But they have guided meditations on them that are going to - they're encoded to activate your chakra system and to really open up your heart center. And this is where we are bringing in the masculine and feminine energies, grounding from Mother Earth, bringing in from source ethers, the masculine energies, bringing that in, this is coming into wholeness, wholly bringing in and having the masculine feminine energies move through our column of light and to activate into our heart chakra center. This will open you up and raise your energetic blueprint. It will also allow you to open up to receive what is divinely meant for you. Super powerful. You can find that over on the business page and there's other content and things that I do as well. And if you're interested in reaching out to me to have a conversation with me, about what it would look like to work together, you can reach me at my email, which is coachwilaby@gmail.com.

Toni: Fantastic! Yes. And I follow you on Facebook and I actually did one of your heart meditations. I don't know that I shared that with you before, but it was quite beautiful and we'll do more. So thank you, Ryan, so much. And thank you everyone for joining us on Toni

Talks – Humanity Matters. Be sure to subscribe, check out Ryan on Facebook and also tonijulian.com. I will put all of these links below, so if you don't want to write them down, you can just click on them. So just wishing you a lot of goodness and blessings from us, from our heart to yours. Thank you so much. Bye-bye.

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